

# Lake Shore Elementary School Breakfast Menu

## April 2021



Children, who eat breakfast show an increased ability to learn, exhibit better academic performance and may have a decreased risk of being overweight.



Menu is subject to change.

### Free Breakfast For All Students

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Mini Maple Waffles ----- Assorted 100% Juice ----- Non or Low Fat Milk	2 Good Friday No School
5 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	Spring Recess No School 5 <sup>th</sup> Thru 9 <sup>th</sup> 			
12 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	13 Mini Blueberry Waffles ----- Assorted 100% Juice ----- Non or Low Fat Milk	14 Cinnamon Roll ----- Assorted 100% Juice ----- Non or Low Fat Milk	15 Mini Blueberry Waffles ----- Assorted 100% Juice ----- Non or Low Fat Milk	16 Cinnamon Roll ----- Assorted 100% Juice ----- Non or Low Fat Milk
19 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	20 Mini Cinnamon Rush French Toast ----- Assorted 100% Juice ----- Non or Low Fat Milk	21 Cocoa Puff Filled Bar ----- Assorted 100% Juice ----- Non or Low Fat Milk	22 Mini Cinnamon Rush French Toast ----- Assorted 100% Juice ----- Non or Low Fat Milk	23 Cocoa Puff Filled Bar ----- Assorted 100% Juice ----- Non or Low Fat Milk
26 Remote Instruction Day Meal Pickup By the Sculpture Garden MS 3:30 pm - 6:00 pm	27 Cinnamon Toast Filled Bar ----- Assorted 100% Juice ----- Non or Low Fat Milk	28 Mini Maple Burst Pancakes ----- Assorted 100% Juice ----- Non or Low Fat Milk	29 Cinnamon Toast Filled Bar ----- Assorted 100% Juice ----- Non or Low Fat Milk	30 Mini Maple Burst Pancakes ----- Assorted 100% Juice ----- Non or Low Fat Milk

### Breakfast Menu Free For All Students NYS apples from LynOaken Farms. Bagel w/Butter Served Daily

We offer fresh fruit or  
100% juice daily



Skim or 1% White  
NYS Upstate Farms Milk  
Served Daily

Start With:

- One Entree
- Fruit
- 1-100% Juice Cup or
- 1-Fresh Fruit
- Add Serving of Milk

**Must Take a Minimum of 3 Items for a  
Complete Breakfast**